



My Preoperative Assessment

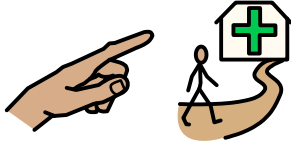
Adult

Name: _____

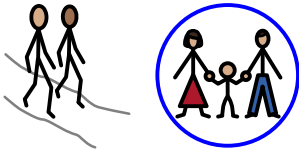
Date: _____



At the hospital



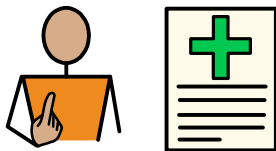
I will go to the hospital.



I will bring my friends, family or carers with me.



I will bring my medicines with me to the hospital.



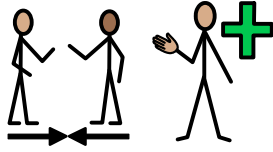
I will bring my health plan with me if I have one.



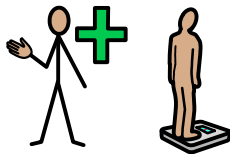
I will tell the receptionist when I arrive.



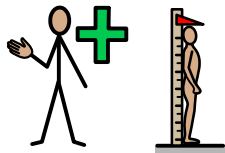
At the hospital



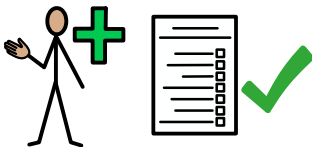
I will meet a nurse.



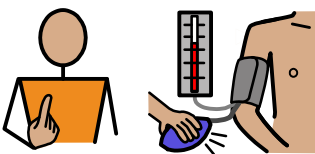
The nurse will weigh me
on the scales.



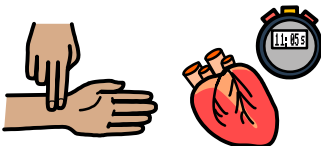
The nurse will check how tall I am.



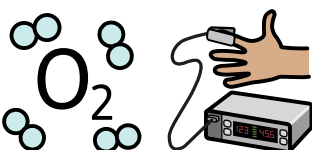
The nurse will measure some
things about me:



my blood pressure.



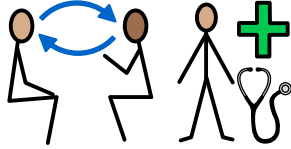
my heart rate.



my oxygen level.



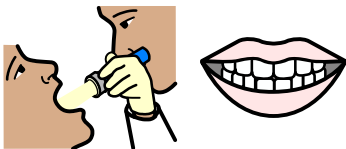
At the hospital



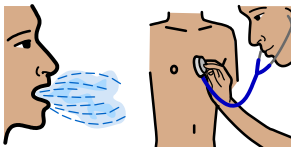
A doctor or nurse will ask me some questions.



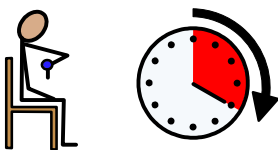
The doctor or nurse may wish to examine me:



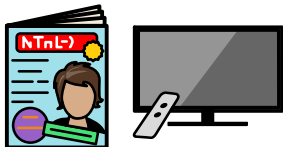
my throat and teeth.



my chest.



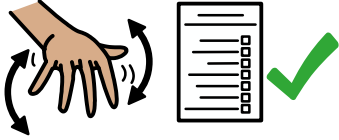
I may have to wait for a while.



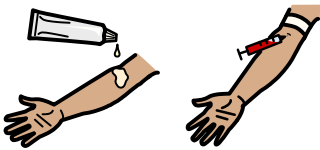
I can find something to do while I am waiting.



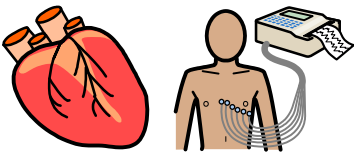
At the hospital



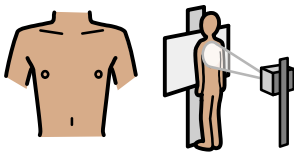
I may need some other tests.
These might be:



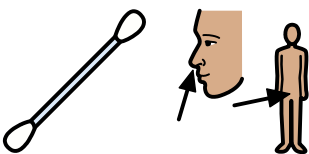
blood tests.



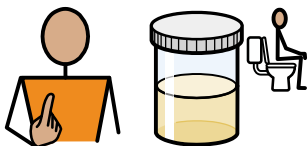
a heart tracing.



a chest xray.



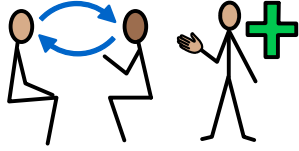
swabs of my nose and groin.



a urine test.



At the hospital



The nurse will tell me and my friends, family or carers what I need to do before I come for my operation.



The nurse or doctor will tell me when it is time to go home.