

Stay safe in the sun



The weather



can be



very



sunny



during



summer.



you can



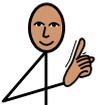
enjoy



being outside



in the sun.



You should



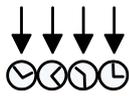
be careful



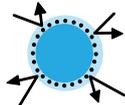
in the sun.



You should



always



protect



yourself



from the sun rays.



The sun



can



burn your skin.



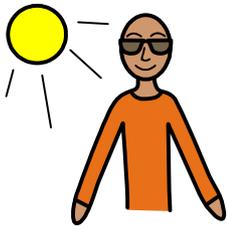
The sun



can



make you ill.



Stay safe in the sun

1



Put on sunscreen



2



Wear sunglasses



3



Wear a hat or cap



4



Drink plenty of water



5



Seek shade from the sun



6



Wear protective clothing

